



## Five Premier Sports

Westlake Girls High School (WGHS) is recognised both nationally and internationally as a school with outstanding success both academically and in the sporting arena. We offer a very wide range of sports, however our five major ones are **Rowing, Tennis, Football, Badminton and Netball.**

### Rowing

Over a 30 year period WGHS has developed an enviable reputation in the rowing world, consistently achieving in the top five schools at National Level. WGHS is currently running a squad of 50 girls in under 15-18 categories. Rowing is a Premiere Sport at WGHS providing a pathway for girls to excel at the highest level. In 2017 WGHS competed against 128 schools at the annual Maadi Cup, winning four gold and two bronze medals, making us the Number One girls' school in the country.

The rowing programme runs for eleven months of the year, has one full time professional, school based coach and four part timers. The modern fleet of boats is updated each year. Training takes place at two excellent locations and a school based gym programme helps girls to maintain fitness.

### Tennis

WGHS offers tennis from beginners to competitive level. We have been the Number One Girls' School in New Zealand for four years and are holders of the Auckland Champion of Champions title and the prestigious James Aitkenhead Shield. A comprehensive coaching programme, organised and implemented by professional coaches (from a local tennis club) runs throughout the year. Westlake Girls has six covered courts in our covered 'cloud complex' as well as three outdoor courts which can be used throughout the year for training.

Games take place in Term 1 and Term 4 of each year. A player competing in the Premier Team in Term 4 must have completed a set number of games to be eligible to compete in the finals in Term 4. However, a player joining the school mid-year (July) is eligible to play in the Intermediate team in Term 4 and trial for the Premier Team to play in Term 1 the following year. The cost, inclusive of training and games, ranges from \$60 to \$100 per term. We can assist students to join a local tennis club, should they wish to also play Interclub Tennis.

### Football

We have the largest artificial turf development in Australasia, encompassing cricket, hockey and football fields designed to meet the FIFA 2\*\* rating (the highest possible netball and cricket ratings). The school has a successful history in football and regularly has numerous teams competing annually in the local North Harbour and Auckland Competitions.

Football is played in Terms 2 and 3 with games taking place on Wednesday afternoons from the 1st XI to the Junior B grades, and for students wishing to play the game socially there is a 7-a-side competition that plays on Tuesday afternoons at school. The school has good working relationships with the local football clubs that provide expert coaching through the season. We are currently ranked within the top ten for football. The cost inclusive of training and games ranges from \$100 to \$230 for the year.

### Badminton

WGHS are the current New Zealand Secondary School Badminton Champions, a title we have held for the past four years. Badminton is one of the strongest sports at WGHS with the school dominating the national, regional and local competitions for many years. Seniors play badminton in Term 2 and Juniors Play in Term 3 at both the school's facilities and the local regional Badminton Hall. The cost inclusive of training and games is \$65 for the year.

### Netball

The school has a successful history in netball and regularly has over 40 netball teams competing annually in the North Harbour Competition. Netball is the school's most popular sport during Terms 2 and 3 and offers students the opportunity to compete at the elite or social levels. WGHS has world class netball facilities with four covered courts and three outdoor courts that ensure training can occur without weather interruption. Fees for games and training range from \$160 to \$250.